

Month \_\_\_\_\_

Sunday	Monday	Tuesday	Wednesday
<p>3 THINGS TO FOCUS ON THIS MONTH/MOON CYCLE:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>			

*These are the desires and experiences I am co creating with the Universe.  
Thank you Great Spirit, for manifesting the following for me:*



Monthly Affirmation: \_\_\_\_\_

Month \_\_\_\_\_ 2020

Thursday	Friday	Saturday

*New Moon*

*Intentions:*

*My Self Care List &*

*Essential Oils to use:*

*Moon Cycle Check-In*

New Moon: \_\_\_\_\_

Half Moon (1<sup>st</sup> quarter) \_\_\_\_\_

Full Moon: \_\_\_\_\_

Last Quarter: \_\_\_\_\_