



Activation New Moon Ritual

Do this ritual during New Moon or any time you have new goals or intentions you would like to energetically activate

1.

Grab your new moon intentions and rewrite them on a small piece of paper. (You will be burning this piece of paper) You can add new things or omit things from the original intentions you wrote. Keep the original copy at your altar.
Optional: Add a drop of essential oil to this piece of paper. Choose an EO that inspires you and lifts your spirits.

2.

Burn this piece of paper. Keep the ashes.
(Use an ashtray, an iron skillet over your stove, a pot or something beautiful you normally burn copal or incense in for ceremony. It doesn't matter what you use. What's important is that the Fire Element activates your prayers and intentions)

3.

Go outside and dig a hole in the dirt, into Mother Earth. I love digging in the dirt with my hands but you can use any gardening tool you like or even a spoon. Doesn't matter as long as it gets the job done!

4.

Go back inside and gather your ashes. Now, plant your "seeds" of intention. Place your ashes into Mother Earth and cover the hole with the soil you dug up.