



How to Create a New Moon Altar

*Physically Create an Energetic Container
to support your Intentions*

1. The first step in creating your altar is to choose a place in your home or outside of your home (perhaps a corner in your backyard) to dedicate this space for yourself.

The size of the space doesn't matter. It doesn't have to be a big space, it can be a small shelf space on the wall or it can be as big as you want, as long as you will honor that space.

An altar doesn't always need to have a permanent place in your home.

And remember, don't be intimidated by other people's big and elaborate altars.

The look of the altar doesn't matter. What matters is the way it makes you feel. This altar is only for you.

2. Create an intention for your altar. What will you dedicate this altar to?

3. After you have chosen your space and have set an intention, place either a scarf, place mat or table cover, or your favorite piece of fabric over the table or area you will be using. You will be placing your magical, spiritual tools over this covering.

4. Go around your home or outside and start to gather things from nature or anything else you want to incorporate into your altar, keeping in mind the intention you will be using this altar for.

If there are things you wish to purchase that you don't have at the moment, for example a candle, make a list of the things you need. Just don't hesitate to start



building your Sacred Space. It doesn't have to be complete in one day.

5. Start placing your tools and elements in your sacred space. There is no particular way you need to place them. Place them in a way that looks nice to you and "feels" right. Make it as beautiful as you like or as simple as you like. There is no wrong way to do this.

Follow your intuition. Altar building is great for enhancing intuition, building self trust and allowing your inner guidance and creativity to guide you.

6. It's a good idea to incorporate the four elements to you altar: Earth, Fire, Water and Air.

The list below gives suggestions of what you can use to represent these elements.

**If you would like to take it a step further or are simply having trouble deciding how you want to place things, ask your higher self, God or your ancestors to guide you. Our ancestors did this a long, long time ago. It's in our blood, our DNA, creating sacred space is part of our being.

Tools and elements to use for decorating and enhancing your altar:

Herbs (fresh or dried)
Fresh flowers
Candle (fire element)
Rocks, stones (earth element)
Crystals
Seashells (water element)
Bowl of water (water element)
Feathers (air element)
Jewelry
Photos
Coins, money
Scarf, fabric, place mat or table cover
Flutes, drums, rattles
Little containers, bowls
Images of anything that inspires you
Anything you own that inspires you