

Sunday	Monday	Tuesday	Wednesday
<p>3 THINGS I'M FOCUSED ON:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	27	28	29
2 New Moon 🌑	3	4	5
9 1st Quarter 🌓	10	11	12
16	17 Full Moon 🌕	18	19
23	24	25 Last Quarter 🌑	26
<p>30</p>	<p>31</p>		

*These are the desires and experiences I am co creating with the Universe.
Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
----------	--------	----------

NEW MOON INTENTIONS:

30	31	1
----	----	---

6	7	8
---	---	---

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

13	14	15
----	----	----

20	21	22
----	----	----

ESSENTIAL OILS & PLANTS TO CONNECT WITH:



27	28	29
----	----	----

MOON PHASE CHECK-IN

New Moon: I am expressing _____

1st Quarter: I've made progress on _____

Full Moon: I am celebrating _____

Last Quarter: No longer serves me: _____

Sunday	Monday	Tuesday	Wednesday
<p>3 THINGS I'M FOCUSED ON:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	31	1 New Moon 🌑	2
6	7	8 1st Quarter 🌓	9
13	14	15	16 Full Moon 🌕
20	21	22	23 Last Quarter 🌘
27	28	1	2 New Moon 🌑

*These are the desires and experiences I am co creating with the Universe.
Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
3	4	5
10	11	12
17	18	19
24	25	26
3	4	5

NEW MOON INTENTIONS:

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

ESSENTIAL OILS & PLANTS TO CONNECT WITH:



MOON PHASE CHECK-IN

New Moon: I am inspired to _____

1st Quarter: I choose to _____

Full Moon: I've completed _____

Last Quarter: I am letting go of _____

Sunday	Monday	Tuesday	Wednesday
<p>3 THINGS I'M FOCUSED ON:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	31	1	2 New Moon 
6	7	8	9
13	14	15	16
20	21	22	23
27	28	29	30

*These are the desires and experiences I am co creating with the Universe.
Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
-----------------	---------------	-----------------

NEW MOON INTENTIONS:

3	4	5
10 1st Quarter ☾	11	12
17	18 Full Moon ☽	19
24	25 Last Quarter ☾	26
31	1	2

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

ESSENTIAL OILS & PLANTS TO CONNECT WITH:



MOON PHASE CHECK-IN

New Moon: I am creating _____

1st Quarter: I am focused on _____

Full Moon: I am enjoying _____

Last Quarter: I am transforming _____

Sunday	Monday	Tuesday	Wednesday
3 THINGS I'M FOCUSED ON: 1. _____ 2. _____ 3. _____	27	28	29
3	4	5	6
10	11	12	13
17	18	19	20
24	25	26	27

*These are the desires and experiences I am co creating with the Universe.
 Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
31	1 New Moon 	2
7	8	9 1st Quarter 
14	15	16 Full Moon 
21	22	23 Last Quarter 
28	29	30 New Moon 

NEW MOON INTENTIONS:

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

ESSENTIAL OILS & PLANTS TO CONNECT WITH:



MOON PHASE CHECK-IN

New Moon: I am expressing _____

1st Quarter: I've made progress on _____

Full Moon: I am celebrating _____

Last Quarter: No longer serves me: _____

Sunday	Monday	Tuesday	Wednesday
1 I'M FOCUSED ON: 1. _____ 2. _____ 3. _____	2	3	4
8 1st Quarter 🌒	9	10	11
15	16 Full Moon 🌕	17	18
22 Last Quarter 🌑	23	24	25
29	30 New Moon 🌑	31	1

*These are the desires and experiences I am co creating with the Universe.
 Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
----------	--------	----------

NEW MOON INTENTIONS:

5	6	7
---	---	---

12	13	14
----	----	----

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

19	20	21
----	----	----

26	27	28
----	----	----

ESSENTIAL OILS & PLANTS TO CONNECT WITH:



2	3	4
---	---	---

MOON PHASE CHECK-IN

New Moon: I am inspired to _____

1st Quarter: I choose to _____

Full Moon: I've completed _____

Last Quarter: I am letting go of _____

Sunday	Monday	Tuesday	Wednesday
<p>3 THINGS I'M FOCUSED ON:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	30 New Moon 🌑	31	1
5	6	7 1st Quarter 🌓	8
12	13	14 Full Moon 🌕	15
19	20 Last Quarter 🌑	21	22
26	27	28 New Moon 🌑	29

*These are the desires and experiences I am co creating with the Universe.
Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
----------	--------	----------

2	3	4
9	10	11
16	17	18
23	24	25
30	1	2

NEW MOON INTENTIONS:

MY SELF CARE LIST &
ESSENTIAL OILS TO USE:

ESSENTIAL OILS & PLANTS
TO CONNECT WITH:








MOON PHASE CHECK-IN

New Moon: I am creating _____

1st Quarter: I am focused on _____

Full Moon: I am enjoying _____

Last Quarter: I am transforming _____

Sunday	Monday	Tuesday	Wednesday
<p>3 THINGS I'M FOCUSED ON:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	27	28 New Moon 	29
3	4	5	6 1st Quarter 
10	11	12	13 Full Moon 
17	18	19	20 Last Quarter 
24  31	25	26	27

*These are the desires and experiences I am co creating with the Universe.
Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
30	1	2
7	8	9
14	15	16
21	22	23
28 New Moon ●	29	30

NEW MOON INTENTIONS:

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

ESSENTIAL OILS & PLANTS TO CONNECT WITH:



MOON PHASE CHECK-IN

New Moon: I am expressing _____

1st Quarter: I've made progress on _____

Full Moon: I am celebrating _____

Last Quarter: No longer serves me: _____

Sunday	Monday	Tuesday	Wednesday
3 THINGS I'M FOCUSED ON: 1. _____ 2. _____ 3. _____	1	2	3
7	8	9	10
14	15	16	17
21	22	23	24
28	29	30	31

*These are the desires and experiences I am co creating with the Universe.
 Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
4	5 1st Quarter 	6
11 Full Moon 	12	13
18 Last Quarter 	19	20
25	26	27 New Moon 
1	2	3

NEW MOON INTENTIONS:

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

ESSENTIAL OILS & PLANTS TO CONNECT WITH:



MOON PHASE CHECK-IN

New Moon: I am inspired to _____

1st Quarter: I choose to _____

Full Moon: I've completed _____

Last Quarter: I am letting go of _____

Sunday	Monday	Tuesday	Wednesday
<p>3 THINGS I'M FOCUSED ON:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	<p>29 New Moon ●</p>	<p>30</p>	<p>31</p>
<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>
<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>
<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>
<p>25 New Moon ●</p>	<p>26</p>	<p>27</p>	<p>28</p>

*These are the desires and experiences I am co creating with the Universe.
Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
----------	--------	----------

1	2	3 1st Quarter
8	9	10 Full Moon
15	16	17 Last Quarter
22	23	24
29	30	1

NEW MOON INTENTIONS:

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

ESSENTIAL OILS & PLANTS TO CONNECT WITH:



MOON PHASE CHECK-IN

New Moon: I am creating _____

1st Quarter: I am focused on _____

Full Moon: I am enjoying _____

Last Quarter: I am transforming _____

Sunday	Monday	Tuesday	Wednesday
<p>3 THINGS I'M FOCUSED ON:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	26	27	28
<p>2 1st Quarter ☾</p>	3	4	5
<p>9 Full Moon ☽</p>	10	11	12
16	<p>17 Last Quarter ☾</p>	18	19
<p>23</p> <p>_____</p> <p>30</p>	<p>24</p> <p>_____</p> <p>31</p>	<p>25 New Moon ☾</p>	26

*These are the desires and experiences I am co creating with the Universe.
Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
29	30	1
6	7	8
13	14	15
20	21	22
27	28	29

NEW MOON INTENTIONS:

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

ESSENTIAL OILS & PLANTS TO CONNECT WITH:



MOON PHASE CHECK-IN

New Moon: I am expressing _____

1st Quarter: I've made progress on _____

Full Moon: I am celebrating _____

Last Quarter: No longer serves me: _____

Sunday	Monday	Tuesday	Wednesday
<p>3 THINGS I'M FOCUSED ON:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	31	1 1st Quarter ☾	2
6	7	8 Full Moon ☾	9
13	14	15	16 Last Quarter ☾
20	21	22	23 New Moon ☾
27	28	29	30 1st Quarter ☾

*These are the desires and experiences I am co creating with the Universe.
Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
3	4	5
10	11	12
17	18	19
24	25	26
1	2	3

NEW MOON INTENTIONS:

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

ESSENTIAL OILS & PLANTS TO CONNECT WITH:





MOON PHASE CHECK-IN

New Moon: I am inspired to _____

1st Quarter: I choose to _____

Full Moon: I've completed _____

Last Quarter: I am letting go of _____

Sunday	Monday	Tuesday	Wednesday
<p>3 THINGS I'M FOCUSED ON:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	28	29	30 1st Quarter 
4	5	6	7 Full Moon 
11	12	13	14
18	19	20	21
25	26	27	28

*These are the desires and experiences I am co creating with the Universe.
Thank you Great Spirit, for manifesting the following for me:*



Power Statement: _____

Thursday	Friday	Saturday
1	2	3
8	9	10
15	16 Last Quarter 	17
22	23 New Moon 	24
29 1st Quarter 	30	31

NEW MOON INTENTIONS:

MY SELF CARE LIST & ESSENTIAL OILS TO USE:

ESSENTIAL OILS & PLANTS TO CONNECT WITH:



MOON PHASE CHECK-IN

New Moon: I am creating _____

1st Quarter: I am focused on _____

Full Moon: I am enjoying _____

Last Quarter: I am transforming _____